

## YEAR 5 CAMP IBIS EQUIPMENT AND CLOTHING LIST

Tick	<b>PROVIDED BY SCHOOL OUTDOOR EDUCATION FACULTY</b> Students can bring their own if suitable	
✓	Waterproof jacket	Gore-Tex or japara, must have hood.
✓	Overpants	Gore-Tex or japara.
<b><u>STUDENTS TO BRING</u></b>		
	Toiletries	Toothbrush and paste, hairbrush, soap, shampoo, pads/ tampons (girls only), deodorant (must be roll on, No aerosols)
	2 x 1L water bottles	1 sports drink bottle for bike holder - Strong, durable and leak proof
	Head torch & spare batteries	
	Towel	
	Spare plastic bags	2 x large garbage bags, 3 x recycled shopping bags (for dirty / wet items)
	Day pack	
<b><u>CLOTHING</u></b>		
	Beanie	Wool or fleece
	Sun hat	Full brimmed - floppy, bucket, legionnaires or cricket hat. <b>No peak caps.</b>
	3 x Shirts	2 x Short sleeve with collar (eg. College sports shirts) 1 x short or long sleeve shirt with collar (eg. Old business shirt)
	2 x Jumpers	1 x woolen (eg. STL school jumper). Second top can be either fleece, wool or down. <b>No cotton.</b>
	2 x shorts	Must be knee length, loose fitting & light weight (eg. School sports shorts)
	1 x Pants	Loose and comfortable (eg school tracksuit pants). <b>No Denim or Cotton Leggings</b>
	3 x pairs Socks	2 x thick woolen 2 x sports socks
	Underwear	A change for each day.
	Sneakers / Runners	Strong comfortable shoes for walking, bike riding
	Water shoes	Closed in, tie up (eg. dunlop volleys, old runners)
	Pyjamas	
	Bathers	Girls must have one piece
<b><u>BEDDING</u></b>		
	Sleeping bag	Good quality warm sleeping bag <u>with hood.</u>
	Sheet liner (optional)	To protect the sleeping bag and gives extra warmth.
	Sleeping mat	Inflateable mat such as 'Therm-a-Rest' or closed-cell foam mat
	Pillow	
<b>Before purchasing gear please refer to the Outdoor Education Buying Guide on the St Leonards website</b>		
<a href="https://learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/">https://learn.stleonards.vic.edu.au/outdoored/outdoor-education-buying-guide/</a>		
<b><u>OPTIONAL EXTRAS</u></b>		
	Camera	In waterproof bag.
	Down jacket / vest	down puffer jacket / vest for extra warmth at night
	Rash vest	for sun protection whilst swimming
	Playing cards	or other games for the bus and free time.
	Book	
<b><u>MEDICAL</u></b>		
		Personal medical requirements must be clearly labelled, be in its commercial packaging and instructions provided from the student's doctor or pharmacist and in a zip lock bag. This bag is to be given to the accompanying teacher prior to departure.
	Personal first aid kit/and medication	eg. asthma inhaler
	Insect repellent	Roll on
	50+ sunscreen	
<b><u>FOOD</u></b>		
	Bring morning tea, drink and lunch for Monday	