Students can be overwhelmed studying for exams – it can feel like a mess
VCAA and OCC websites are excellent resources that tell students what to learn and provide, explanations, dates, practice papers and answers.

VCE Unit 3/4
The course, past exams, examiners reports, exam timetables are available to everyone.


• General Achievement Test (GAT)
  Wednesday 11 June, 10:00 am – 1.15 pm
• October Performance and Languages Oral Examinations
  Monday 6 October – Sunday 2 November
• October/November Written Examinations
  Wednesday 29 October – Friday 21 November
• The 2014 VCE end-of-year written examination
• timetable will be published in May.

IB Syllabus
C:\Users\idennett\Documents\2014 IB\psych ib syllabus.pdf

VCE Unit ½ are available on Stlink

http://learn.stleonards.vic.edu.au/vceinfo/
Students should tidy up their approach to study!
Calm down and study in advance to a plan

Keep Calm

“Calm is Strength, Upset is Weakness.”
-Fred Jones

Planner

• Map out your approach
Students have diary apps, electronic and/or wall calendars. These supports begin successful exam preparation.

All exam dates should be in and weeks marked off. Book lectures.

Special events should be marked and study around them.
Study is **not** separate from homework/learning and class learning. Students should aim to gain more from their learning by concentrating/deep practising, being mindful during lessons, during homework/learning and during study.

**Students should study as they go;** not just do tasks for the sake of doing them – each and every time a task is set the student should ask: “What is this task achieving? What am I to learn? What has this got to do with my previous learning and the study design/syllabus?

Home learn! It is the student job to engage.

**“I am too busy doing homework to study.”**
Students are advised that class learning and home learning are part of study

Students need to be sure of what they are trying to learn and be progressive in learning over time.

- Students should:
  - keep good records of the home learning set, done and its purpose.
  - See teacher if they can’t do it. **Send a request for help straight to the teacher’s calendar**
  - Ask the teacher if they don’t understand what you should be learning.
  - Check all learning, **take notes** against the study design or Syllabus
  - Be mindful of **command terms**
  - Be a partner in their learning with their teacher.
  - Book and attend lectures
  - Attend extra help sessions.
  - Use **flashcard** apps
  - Use **online quizzes**
  - Search for **Youtube clips, PowerPoints** to help with learning
Research suggests that **long term, focused, efficient study** is more of an influence on exam performance than intellect.

- **Repeated, deep practice** – **SLAK DO**
  
  Structure, link, apply the knowledge, deal with deficits in an organised way.

- **Spaced – fact:**
  
  if LT memory is required then spaced rehearsal is necessary (Bahrick et.al (1993) – instead of study and move on – do this but plan revisit time in next week.

- **Feedback immediately and mindfully into previous connection.** (not know and check with teacher exercise book)
Exam reconnaissance and action

1) Determine content
2) Determine shortfalls in understanding – tests, SACs, study design, syllabus, notes, lectures
3) Determine architecture/make up of exam and marks.
4) Revise home learning calendar to increase specific study
5) Expand notes, underlining key words and then,
6) Reduce notes
7) Make visual links, make links, answer scenarios with content.
8) Do practice questions and fix and deep process answers into memory.
9) Do practice papers. Correct them, record corrections
10) Do practice papers to time.
11) Involve students in online discussion groups.
Determine what needs to be studied

\[ f(x) = a_0 + \sum_{n=1}^{\infty} (a_n \cos \frac{n\pi x}{L} + b_n \sin \frac{n\pi x}{L}) \]
As the exam nears..........

Find out how exam will be presented and how many marks go to each section.

Gather Resources:
- 6-8 weeks before exams, start focused revision.
- Put exam dates on planner.
- Count the weeks back to now.
- Allow for tasks time and determine hours – need 15-20 hours per exam.
- Create extra study time in your weekly planner that starts small, about ¾ hour pure study a night in week 1 to 3 hours study per night in the last 3 weeks before exam.
- Use SACS and in class work – review it and let it guide things to fix.
Know your study methods

Flash cards
Note expansion from text
Note reduction
Deep process key terms, use acronyms, acrostic poems, narrative chains, chapter tests, Checkpoints, past papers, past tests.
Always correct. Always keep a record of what you do and don’t know.
Try to deep process what you do know.
See teacher if there is still trouble understanding.
Move onto exams, not to time.
Correct.
10+ papers per subject done over study period.
2 weeks before full papers to time.
Deep process
One months practice in 6 minutes
1 minute’s focus