Welcome!

The things that people do every day with their time has changed dramatically and it is our job to prepare our young people for this. We can also readily project that with increased automation of more menial tasks that the "creative" section is only going to increase.
Demo – ABC…, 123…, A1B2C3…
The human brain simply cannot multitask with even relatively simple cognitive things!
We can do cognitive things shortly after the other and this gives the illusion of multitasking.
Unfortunately, each ‘task switch’ costs time and lots of task switching adds up to lots of
time lost.

Turning notifications off

This is one of the golden tips especially when we consider the multitasking myth.
Turn off notifications on the phone, tablet and laptop when studying.
You can change how you receive notifications from apps individually.

Turn Do Not Disturb on

You can also turn off all notifications at any time using Do Not Disturb.
At any time …

Via the Settings as per the previous page or via the ‘Control Centre’ which can be found by swiping up on an iPad.

Our App

A reminder that you should download our St Leonard’s College app for iPhone, iPad and Android. This is a super simple way for parents to stay abreast of things going on at school. Make sure you go into the app settings and subscribe, or re–subscribe, to the year levels relevant to you.
Another great new way to monitor your child’s iPad app use is to implement family sharing. A parent must approve all new downloads.

All students do have access to a school provided web based diary, to do list, timetable system in App4. All parents can see their students diary too.
We have a fantastic ‘Student Electronic Device Code of Conduct’.

Handy Hints Handout

STL Link Parent Learning

And you are encouraged to have similar conversations about appropriate use of the iPad at home.
40yr old, 74yr old.
We can grow and maintain our muscles. This is visually obvious to all of us. When we train our muscles with particular tasks – the cells of our body change and develop to improve our ability to complete those tasks – but we have to make our muscle cells **work hard**.

I think it is important to point out that while we can increase efficiency in organisation, work flows and many other auto-matable tasks. We CAN NOT change the fact that learning is the new connections between brain cells and this ABSOLUTELY REQUIRES time on the learning task by the learning brain.
Training a biological system is learning!!!

We can now see the results of a lack of learning. The bottom image is really telling .... We are resolutely focused on those young brains and training them to grow and develop as awesomely as possible for their future.