



**St Leonard's College**

# Welcome to St Leonard's College



**St Leonard's College**

# Who's in Charge? Managing Technology at Home

# This evening's program

## The panel

- Staff perspectives
- Student guests
- The parent experience

Table discussions and sharing strategies

Questions



**St Leonard's College**

**Mr Stuart Davis**  
**Principal**

# An education for life



“Education has for its object the formation of character.”

- Herbert Spencer

# An education for life



“One’s character shapes one’s fate.” - *Heraclitus*



# An education for life

**1987**

1. Alcohol
2. Cigarettes
3. Gateway Drugs



# An education for life

**1987**

1. Alcohol
2. Cigarettes
3. Gateway Drugs

**2017**

1. Impact of technology
2. Pornography
3. Alcohol



# An education for life

**Bill Gates told my mum and dad not to give me a phone before I was 14**





# An education for life



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# An education for life

“No parent  
can child-proof  
the world.  
A parent’s job is  
to world-proof  
the child.”

-Doug Flanders, MD



# An education for life



# An education for life



# An education for life



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# An education for life

Where does the influence come from?





# An education for life





## An education for life

# **Mum, put your mobile away! A third of children say they have to tell their parents to stop looking at their phone**

- Poll revealed a third of youngsters thought their parents were bad role models
- Experts say they are 'shocked' by poll, commissioned by Digital Awareness UK

# An education for life

## Parents' mobile use harms family life

An overuse of mobile phones by parents disrupts family life, according to a survey of secondary pupils

Independent Online/BBC





An education for life

Technology





# An education for life

The six most critical themes in online safety today include:

- 1. Cyberbullying**
- 2. The digital footprint**
- 3. Identity and self-esteem**
- 4. Relationships and grooming**
- 5. Security and privacy**
- 6. Sexting**



# An education for life

- **Cyberbullying**
  - any form of bullying that takes place online
  - using digital devices - smartphones or tablets.
  - By those who are known and unknown
  - be aware, talk to child, school and be prepared to approach the police.



# An education for life

## •The digital footprint

- the trail of digital information we leave behind us when we do anything online
- Details online can be discovered when applying for future career jobs - teaching and university roles
- Search for your footprint and un-tag from inappropriate associations
- Pursue social networks with inappropriate information posted.



# An education for life

## •Identity and self-esteem

- Pressure to portray as perfect - self v selfie
- Trends are to exceed reality by editing images
- Seeking a sense of being grownup through inappropriate images of self.
- Major issue is comparison
- Sense of self worth becomes relative to others





# An education for life

## • Relationships and grooming

- Naivety – too trusting
- Open to blackmail from any small error in judgement
- Ensure privacy settings
- Informing the police is a must



# An education for life

## •Security and privacy

- Many threads of information can be discovered and pieced together
- Phishing scams – pretending to be a bona fide organisation
- Spyware traps
- Viruses



# An education for life

## •Sexting

- Social media sites – Snapchat – often too much shared with friends or current relationships
- Sadly many of these are volunteered
- **Act of sending or receiving sexually explicit content such as text, video or an image.**
- This often happens via digital devices such as mobile phones and tablets



# An education for life

What should be the question?

Ultimately, I am greatly concerned that the endless need to connect to the chat to see what is happening that may impact upon me is all too much.

The endless need to ensure that my reputation is not the one in question and that I am ready and able to defend and detour any salacious comments is ultimately an endless source of exhaustion.

Where does it end? To be or not to be - on Facebook?

That is the question.



# An education for life

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# An education for life

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## Where does it end? To be or not to be - on Facebook?

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# An education for life



# An education for life







**St Leonard's College**

**Dr Deborah Trengove**  
**Director of Pastoral Care**



# Trends

- Sleep
- Distractibility
- Feeling safe online
- Social pressures and influences
- Risks



# Sleep

- Resilience Survey 2016  
Sending / receiving message between  
10pm and 6am
- Year 5 – 32%
- Year 6 – 41%
- Year 7-12 – 75%

# Distractibility





# Feeling safe online

How safe do you feel from being bullied online?

Year 6

	Very safe	Mostly safe	Unsafe
Males	55	33	12
Females	35	63	2



# Pressures

- Self-image
- Fear of missing out
- Consumerism
- Premature sexualisation
- Sexting / relationships



# Risks

- Gaming addiction

Regular/Routine ---- Dependence ----- Addiction

- Pornography

Seminar Tuesday 23 May

- Online predators



# Addiction

## Checklist

1. Lies about or denies level of use
2. Does not believe they have a problem
3. Stays up late or sneaks time in middle of the night
4. Trouble getting up for school in morning
5. Isolated, withdrawn socially (or has social difficulties, lonely)
6. Drop in academic standards
7. Arguments with family about computer use
8. Poor or declining hygiene
9. Failed attempts by parents to reduce use
10. Priority over other parts of life





# Electronic Bullying

1. RID: Report-Ignore-Don't Forward
2. Keep evidence
3. Block sender and seek assistance
4. Reassure won't lose access



# Resources

## Parent Learning Site on St L Link

- School TV
- Sexting and Cyber bullying



# Bedrooms





# Limits

**Time** on screens

**Access** to social media / games when doing school work – open area / different devices

**Content** which is addictive or inappropriate

A decorative header featuring a stained glass pattern with gold, blue, and red tones. A dark blue banner is overlaid across the middle, containing the title text.

# Conversations



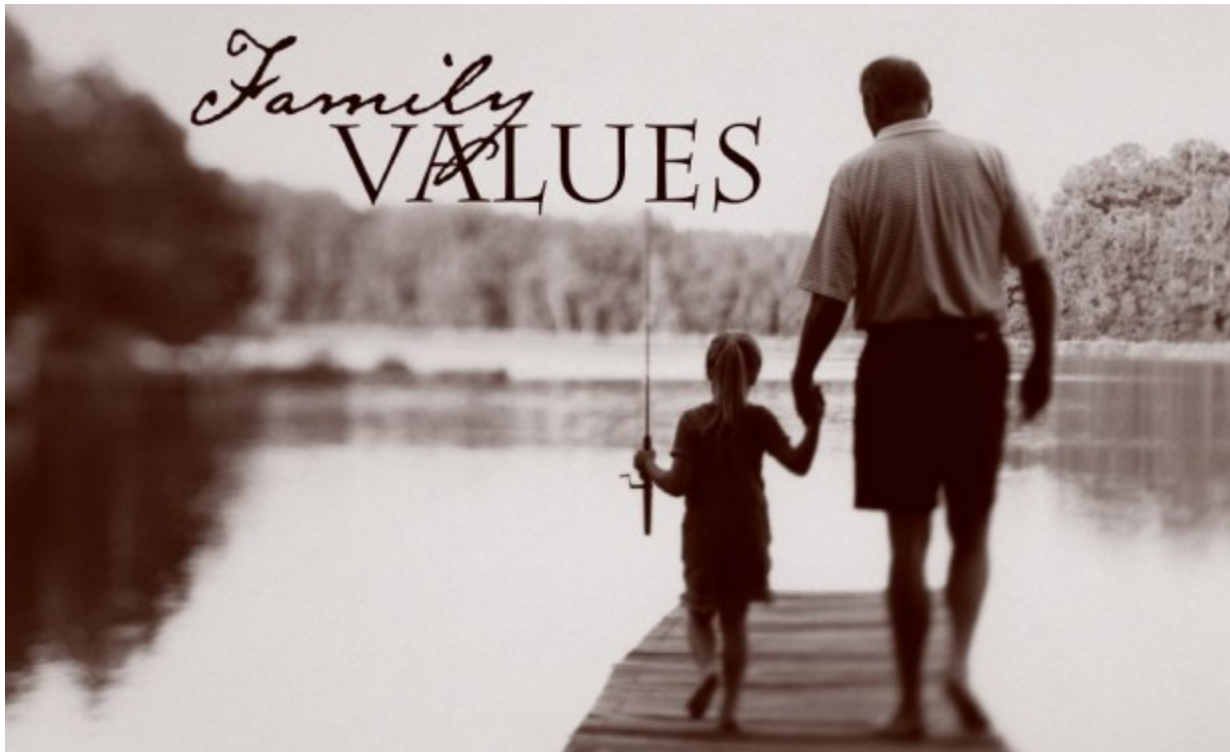


# Conversations



A decorative background featuring a stained glass pattern with gold, blue, and red tones. A central blue banner contains the word "Conversations" in white serif font. Faintly visible in the background is the Latin phrase "NECTEMERE".

# Conversations





# Guidelines

Establish guidelines for the following:

- Non-social cyber times
- No screen periods (e.g. dinner/near bedtimes)
- What's ok/not ok
- Consequences: what happens if guidelines and values are not adhered to? Trial consequence and review. Must be realistic and you must be willing to implement.





St Leonard's College

# Tim Barlow

Director of Technology Innovation



# Creating Culture

Education, Role modelling, Discussions, etc.

# Culture

Rules, Behaviours, Restrictions, Habits, etc.

# Role modelling and involvement

**Before you**



**think**

**t** = is it **t**ruer?

**H** = is it **H**elpful?

**i** = is it **i**nspiring?

**N** = is it **N**ecessary?

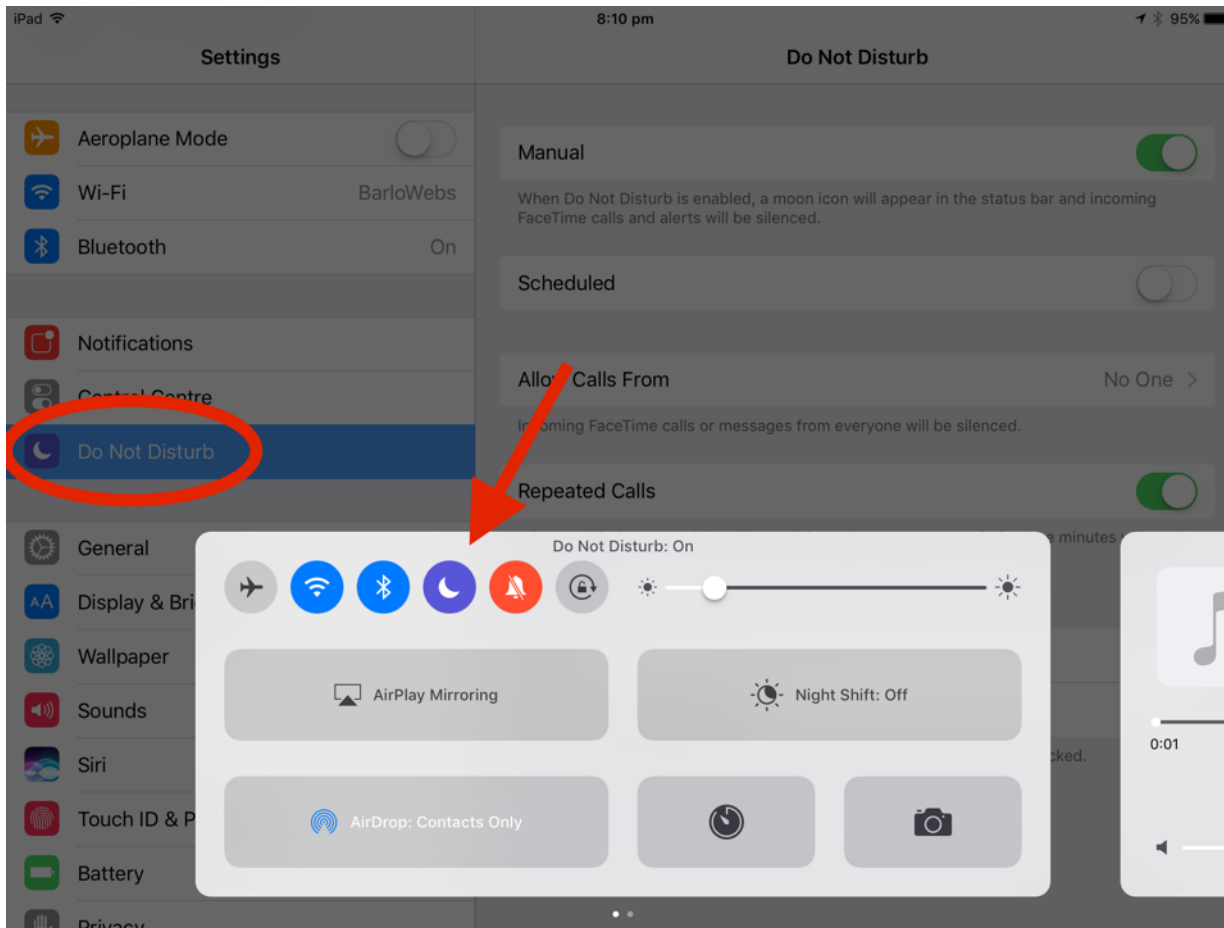
**K** = is it **K**ind?



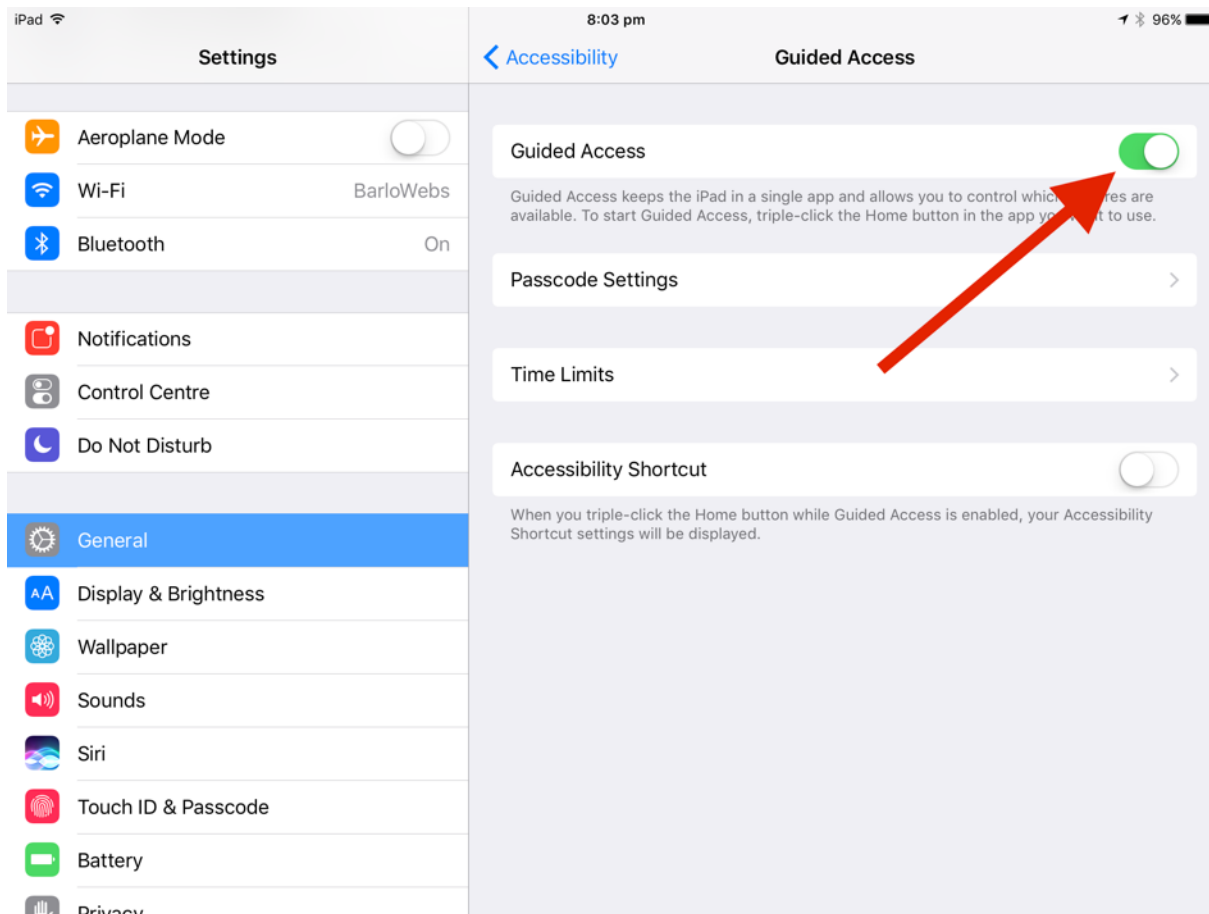
St Leonard's College

Talk, talk, talk, talk

# Lvl1 - Do Not Disturb



# Lvl2 - Guided Access






# Lvl3 - iPad Restrictions

- If your child is engaging in any behaviour which is adversely impacting them – take action.
- You can turn off:
  - The capacity to install any app.
  - Adult content on the web.
  - Lock the ability to change account settings (after turning off iMessage).
  - And much, much more

## Settings


 Aeroplane Mode

 Wi-Fi BarloWebs


 Bluetooth On

 Notifications


 Control Centre

 Do Not Disturb


 General

 Display & Brightness

 Wallpaper

 Sounds

 Siri

 Touch ID & Passcode

 Battery

 Privacy

## < General


## Restrictions

ALLOW:

 Safari

 Camera

 Siri & Dictation

 FaceTime


 AirDrop

 iTunes Store

 Apple Music Connect

 iBooks Store

 Podcasts

 News


 Installing Apps

 Deleting Apps


 In-App Purchases



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## < General

## Restrictions

### ALLOWED CONTENT:

Ratings For Australia >

Music, Podcasts, News & iTunes U Explicit >

Movies All >

TV Shows All >

Books All >

Apps All >

Siri All >

Websites All >

Password Settings >

### PRIVACY:

Location Services >


Contacts >

Calendars >

Reminders >

Photos >

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## < General

## Restrictions

Speech Recognition >

Twitter >

Facebook >

Advertising >

Media & Apple Music >

ALLOW CHANGES:

Accounts >

Background App Refresh >

Volume Limit >

TV Provider >

GAME CENTER:

Multiplayer Games

Adding Friends

Screen Recording



# Social Media

- **Instagram** requires everyone to be at least **13 years old** before they can create an account.
- **Facebook** requires everyone to be at least **13 years old** before they can create an account
- No individual under the **age of thirteen (13)** may use the Services, provide any personal information to **Tumblr**
- **Pinterest** – Any use or access by anyone under the **age of 13** is prohibited.
- Children under the **age of 13** are prohibited from having a **Kik** account



# Social Media Reality

Officially you own any original pictures and videos you post, but Instagram is allowed to use them, and we can let others use them as well, anywhere around the world. ... we may keep, use and share your personal information with companies connected with Instagram. This information includes your name, email address, school, where you live, pictures, phone number, your likes and dislikes, where you go, who your friends are, how often you use Instagram, and **any other personal information we find** such as your birthday or who you are chatting with, including in private messages (DMs). Other **people might pay us to use this and we will not pay you for that.**

<https://qz.com/878790/a-lawyer-rewrote-instagrams-terms-of-service-for-kids-now-you-can-understand-all-of-the-private-data-you-and-your-teen-are-giving-up-to-social-media/>



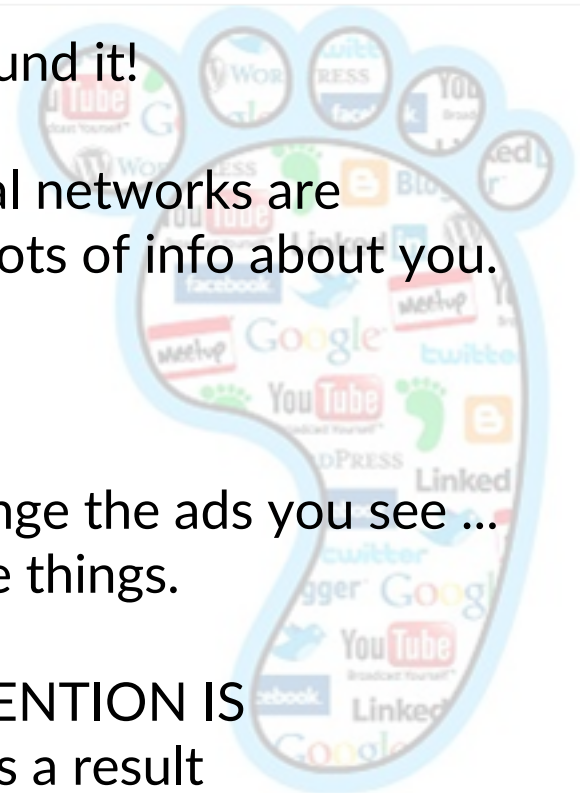
# Social Media Reality

- We might send you ads connected to your interests which we are monitoring. **You cannot stop us doing this and it will not always be obvious that it is an ad.**
- We can, but do not have to, remove, edit, block and/or monitor anything posted or any accounts that we think breaks any of these rules. **We are not responsible if somebody breaks the law or breaks these rules; but if you break them, you are responsible.**

<https://qz.com/878790/a-lawyer-rewrote-instagrams-terms-of-service-for-kids-now-you-can-understand-all-of-the-private-data-you-and-your-teen-are-giving-up-to-social-media/>

# Digital Footprint

- You have one and it is VERY hard to get around it!
- When anyone is online, companies and social networks are following you behind the scenes, collecting lots of info about you.
- This is sold to others
- Based on all they know about you, they change the ads you see ...  
And charge you different prices for the same things.
- **YOU ARE THE PRODUCT AND YOUR ATTENTION IS VALUABLE** – it is designed to be engaging as a result



Talk, talk, talk, talk

No devices in the  
bedroom, especially at  
night !!!



Create the **culture** that  
is acceptable for you  
and best for your kids

Student Guests

Parent Perspective

# Table Discussions

Sharing strategies

# QUESTIONS



# Conclusion

Be assertive, firm where you need to be

Step forward – talk with your kids

Set limits and maintain standards based on values

Support other parents

Talk to us if you have problems