

# Home Study Planner Sample (Prepared by Fiona Fowler)

| Time           | Monday   | Tuesday | Wednesday | Thursday | Friday  |
|----------------|--|---------|-----------|----------|---|
| 4.00 - 4.30pm  | Allow yourself a break after school; go for a walk; chat with a friend; take some quiet time when you are not taking in more work/stuff. |         |           |          |   |
| 4.30 - 5.00pm  | Take the time to plan what needs to be dealt with tonight and ahead. Write a 'to-do' list prioritising actions and setting goals.        |         |           |          | TGIF  |
| 5.00 - 5.30pm  |  |         |           |          | Commit to some study tonight either before or after dinner.<br><br>Make a list of what important things were covered in the last five days. |
| 5.30 - 6.00pm  |  |         |           |          |   |
| 6.00 - 6.30pm  |  |         |           |          |   |
| 6.30 - 7.00pm  | Allow yourself a proper dinner break and time to talk with family.   |         |           |          |   |
| 7.00 - 7.30pm  |  |         |           |          |   |
| 7.30 - 8.00pm  |  |         |           |          | Commit to some study tonight either before or after dinner.<br><br>Make a list of what important things were covered in the last five days. |
| 8.00 - 8.30pm  |  |         |           |          |   |
| 8.30 - 9.00pm  |  |         |           |          |   |
| 9.00 - 9.30pm  | If you are going to work late, stop and refuel your brain. It actually uses more energy input than you realise.                          |         |           |          | TGIF  |
| 9.30 - 10.00pm |  |         |           |          |   |
| 10.00 - on?    |  |         |           |          |   |

Include time for homework, revision, recreation, sports, meals, rest etc

| Time              | Saturday   | Sunday                           |
|-------------------|--|----------------------------------|
| 8.00am - 10.00am  | Get out of bed!!!  | Write down your own suggestions: |
| 10.00am - 12.00pm | Make a plan.<br>Collect and collate the facts.<br>Complete any research for gaps.  |                                  |
| 12.00pm - 2.00pm  | Enjoy lunch, meet up with a friend,<br>get out for some fresh air and<br>exercise.   |                                  |
| 2.00pm - 4.00pm   | After lunch you should allow for<br>two more sessions of study.<br>Focus on an extended task or<br>subject in each session.                              |                                  |
| 4.00pm - 6.00pm   | <ul style="list-style-type: none"> <li>- Write an essay</li> <li>- Complete a drawing task</li> <li>- Summarise unit of work</li> </ul>                  |                                  |
| 6.00pm - 8.00pm   | Enjoy dinner, catch up with friends<br>and family, do something relaxing.  |                                  |
| 8.00pm - 10.00pm  | <ul style="list-style-type: none"> <li>- Write an extended response</li> <li>- Try practice exam questions</li> <li>- Rewrite important notes</li> </ul> |                                  |
|                   | Go to bed!!!   |                                  |

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| 10.00 – on?    |        |         |           |          |        |

**Include time for homework, revision, recreation, sports, meals, rest etc**

| <b>Time</b>              | <b>Saturday</b> | <b>Sunday</b> |
|--------------------------|-----------------|---------------|
| <b>8.00am - 10.00am</b>  |                 |               |
| <b>10.00am - 12.00pm</b> |                 |               |
| <b>12.00pm - 2.00pm</b>  |                 |               |
| <b>2.00pm - 4.00pm</b>   |                 |               |
| <b>4.00pm - 6.00pm</b>   | -               |               |
| <b>6.00pm - 8.00pm</b>   |                 |               |
| <b>8.00pm - 10.00pm</b>  | -               |               |
|                          |                 |               |