

# Teenage Drinking – Stay One Step Ahead

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# Who we are?

- **TaskForce is a not-for-profit charity providing community based programs and services.**
- **Services: Youth Engagement, Specialist AOD & Mental Health Services, Specialist Training**
- **Victoria Police**





# What we will cover tonight

- Alcohol and the teenage brain
- Long term alcohol affects
- Binge drinking
- Alcohol recommendations
- Underage drinking laws
- Underage drinking penalties
- Hosting parties
- Handy tips





# The affects of alcohol on the teenage brain

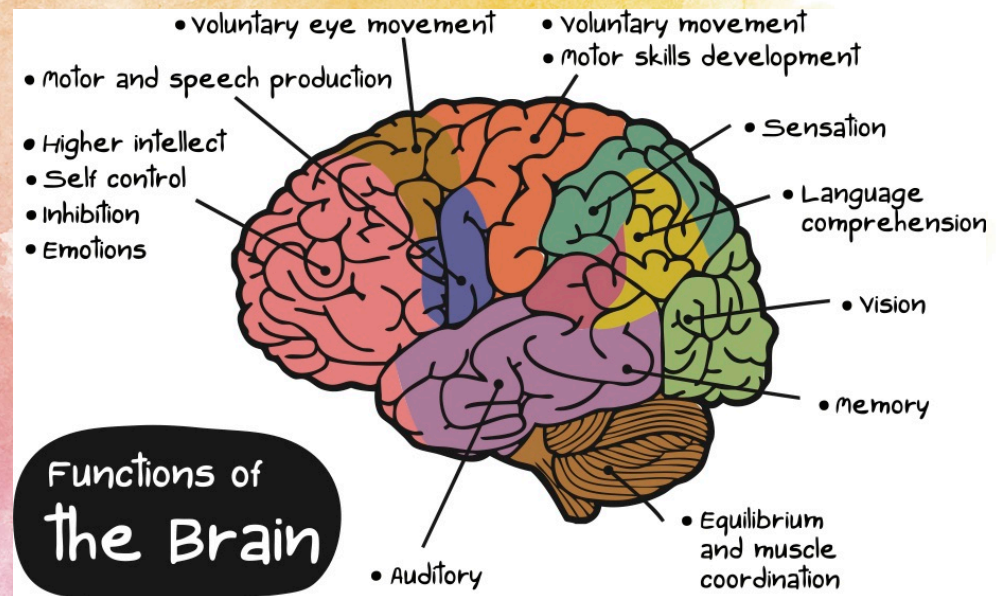
- Adolescents seem to be less sensitive to the coordination problems and sedative effects of alcohol, which means that they are able to stay awake and drink for longer than adults.
- However, adolescents need only drink half as much alcohol as adults to suffer the same effects.
- Adolescents appear to be more sensitive to the learning and memory problems that can be caused by alcohol. They are more likely than adults to suffer from lack of judgement and memory loss, because this may not have developed yet.





# The Teenage Brain

- The brain develops from the back to the front
- Not fully developed until around 27 for males and 25 for females
- The last part of the brain to develop is the pre-frontal cortex
- Pre-frontal cortex is the area that provides the ability to plan, reason, adjust behaviour and concentrate



# Long Term Effects Of Drinking

## Nervous System

- Tingling and loss of sensation in hands and feet

## Heart

- High blood pressure
- Irregular pulse
- Enlarged heart

## Lungs

- Greater chance of infections including tuberculosis

## Liver

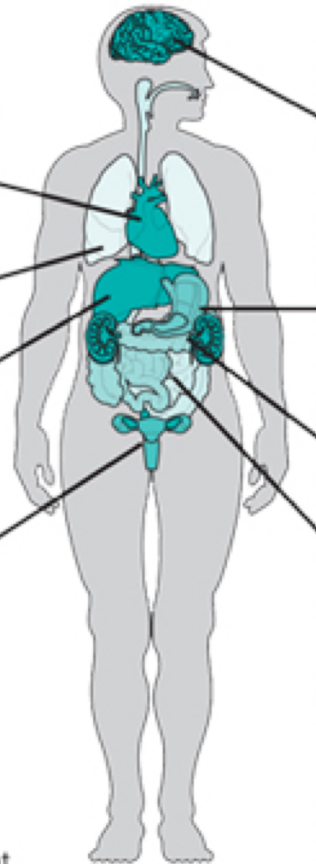
- Severe swelling and pain
- Hepatitis
- Cirrhosis
- Liver cancer

## Sexual Organs (Men)

- Impotence
- Shrinking of testicles
- Damaged/less sperm

## Sexual Organs (Women)

- Greater risk of gynaecological problems
- Damage to foetus if pregnant



## Blood

- Changes in Red Blood Cells

## Brain

- Brain injury
- Loss of memory
- Confusion
- Hallucinations

## Stomach

- Inflamed lining
- Bleeding
- Ulcers

## Pancreas

- Inflammation causing pain

## Intestines

- Inflamed lining
- Ulcers

## Muscles

- Weakness
- Loss of muscle tissue

## Skin

- Flushing
- Sweating
- Bruising





# What is binge drinking?

The Australian Drug Foundation defines Binge Drinking as  
*“Drinking heavily over a short period of time with the intention of becoming intoxicated.”*

The NHMRC Australian Guidelines to Reduce Health Risks from Drinking Alcohol are:

- **Guideline 1: Reducing the risk of alcohol-related harm over a lifetime**

The lifetime risk of harm from drinking alcohol increases with the amount consumed. For healthy men and women, drinking no more than two standard drinks on any day reduces the lifetime risk of harm from alcohol-related disease or injury.





# The NHMRC guidelines continued...

- ***Guideline 3: Children and young people under 18 years of age***

For children and young people under 18 years of age, not drinking alcohol is the safest option.

A. Parents and carers should be advised that children under 15 years of age are at the greatest risk of harm from drinking and that for this age group, not drinking alcohol is especially important.

*B. For young people aged 15–17 years, the safest option is to delay the initiation of drinking for as long as possible.*

*A dangerous amount of alcohol is any amount that causes someone to lose control and potentially put themselves or others at risk*





# What the stats say:

- A higher proportion of 12-17 year olds abstained from alcohol (82%) than had abstained in the last three years (72%).
- In 2016, the number has decreased slightly to about 1 in 6 (17.4%) aged 14 years or older consumed alcohol at a level that put them at risk of harm from alcohol-related disease or injury over their lifetime.
- About 1 in 3 (36%) people aged 12 years or older drank, at least once in the last 12 months, in a pattern that placed them at risk of an alcohol-related injury from a single drinking occasion.





# Risks & dangers - Alcohol

- Drunkenness / behaviour offences
- Gate crashing & parties out of control
  - Damage & Vandalism
    - Assaults
    - Sexual Assault
    - Robberies
    - Safety
    - Health
    - Litigation
  - Photos and Video - circulated





# Teen Drinking

Teenagers see drinking alcohol as a “Right of Passage” ...

...Part of growing up and becoming an “Adult” ....

... And the fact that it’s “illegal” makes it even more enticing!  
- teens are all about risk-taking and exploring boundaries...

- BUT – Remember:
- Not all teenagers drink!! (82% don’t)
- But if you provide your young people to drink alcohol, what are the laws?
- Where can young people LEGALLY drink??





# Underage Drinking Laws

## In Public:

- It is an offence for anyone under 18 years to possess, carry or consume alcohol in a public place. (street, park, shops, beach)

## Licensed Premises:

- It is an offence for anyone under 18 years to drink or receive alcohol on licensed premises.

## Supply to a Minor:

- It is an offence for anyone to supply alcohol to a person under 18 years (unless at private premises with written parental permission).

## Private Premises:

- On private premises (or hired hall), minors can only drink alcohol if they supply a written note from parents to the host





# So under 18s CAN drink alcohol:

- **At home, with their parent's supervision**
- **At a friend's home or function venue if they provide a specific handwritten note to the Host from their parents.**
  - Eg: "I give permission for Amy Smith to drink 3 x Strongbow Ciders at Jane Jones' birthday party, Saturday 29/10/17. (signed by Amy's mother)"





# Secondary Supply (to minors) Legislation:

## Victoria – Liquor Control Reform Amendment Bill 2011

Under the *Liquor Control Reform Act 1998* it will be an offence for a person to supply alcohol to a minor (a person under the age of 18 years) in a private home without parental consent.

A person who supplies alcohol to a minor without parent's consent could be subject to the same penalty faced by licensees who supply alcohol to minors in licensed venues – a maximum fine of up to \$19,343. Generally, it is \$1983 per charge.





# Secondary Supply (to minors) Legislation:

## Liquor Control Reform Act – Other Persons (Excluding Underage)

Code	Offence	Reference	Penalty
6001	Fraudulently represent to be a resident to obtain liquor	LCRA 114(1)(c)	330
6002	Falsely indicate that premises are licensed premises	LCRA 116(a)	248
6003	False indication of being licensed to sell/dispose of liquor	LCRA 116(b)	248
6101+	Supply liquor to underage person	LCRA 119(3)	1983
6102	Send underage person to obtain liquor	LCRA 121	1983
6103	Give evidence of age document to another	LCRA 124(1)	330
6105	Knowingly make false evidence of age document	LCRA 124(3)(a)	330
6106	Knowingly give false evidence of age document to another	LCRA 124(3)(b)	330
6107	Obtain/consume liquor on licensed premises other than in accordance with the Liquor Control Reform Act 1998	LCRA 114(1)(a)	330
6108	Procure liquor for intoxicated person	LCRA 114(1)(b)(i)	330
6109	Aid/abet intoxicated person to obtain liquor	LCRA 114(1)(b)(ii)	330
6129	Give false information/document in support of application to obtain a proof of age card	LCRA 125(1)	330
6130	Give false document/material to another to enable the other to obtain a proof of age card	LCRA 125(2)	330
6149	Bring into/consume or have in his/her possession or under control liquor on premises outside trading hours	LCRA 111(a)	413
6151	Refuse/fail to give name or address when on premises	LCRA 130A(3)(a)	330
6152	Give false name or address when on premises	LCRA 130A(3)(b)	330
6179	Supply liquor to a minor in a residence without consent of parent, guardian or spouse (if over the age of 18)	LCRA 119(3), 119(5)(e)	1983





# Supply of Liquor to Minors in Residences

From 13 September 2018, there are new requirements regarding liquor supplied to minors in residences.

An adult can only supply liquor to a minor in a residence if they can demonstrate responsible supervision of the supply of liquor:

- the age of the minor;
- whether the person supplying the liquor is intoxicated;
- whether the minor consumes food with the liquor;
- whether the person supplying the liquor is providing supervision of the minor's consumption of the liquor;
- the quantity and type of liquor supplied;
- the period of time over which the liquor is supplied;
- and whether the minor is intoxicated.





# Expensive night out: Fines

- Underage person purchase/receive liquor \$83
- Underage person possess/consume liquor \$83
- Underage person on licensed premises \$83
- Underage person falsely represent to be over 18 \$83
- Deface/interfere with evidence of age document \$330
- Make false evidence of age document or
- Give false evidence of age document to another \$330
- Refuse or False name or address or age \$248
- Drunk in a public place \$661
- Drunk and disorderly in a public place – prior offence \$1652
- **NOTE** – Higher at Public Transport locations!





# Hosting a “Safe Party”

- Remember the golden rule – **“PLAN BEFOREHAND”**
- How many people do you want coming?
- Think about the venue. Is your home too small? Would a hall or function centre be more appropriate and a more controlled environment?
- Need SECURITY guards??
- Have you warned the neighbours?
- INVITATIONS - not SMS/ Social Media that can be on-sent





# Hosting a “Safe Party” continued...

- How will people get there and get home?
- Are there sufficient toilets, bins and clean up equipment?
- What will happen if gate-crashers arrive? (Call 000)
- How will you control Alcohol or Drugs? (BYO's)
- DUTY OF CARE – to guests and neighbourhood!
- Have you **REGISTERED** your party with local police?





# Party Safe initiative:

- Police aim to patrol past your party when operational commitments allow.
- Forms available at the counter of local police stations and online: Google “Victoria Police Party Safe”
- Simple questions that will assist police and yourselves to have a safe night.
- What do you do if there is trouble? - [Call 000](#)





# Hard copy at Station counter

Revised 12/13

VP Form 1016



VICTORIA POLICE

## VICTORIA POLICE PARTYSAFE PROGRAM REGISTRATION FORM

The following information will enable us to provide a more effective response, if required, and ensure a safer and more enjoyable night for everyone.

Please complete all sections and return this form to your local police station prior to the date of your party.

### Party Details

Party date: \_\_\_\_\_

Start time: \_\_\_\_\_

Finish time: \_\_\_\_\_

Average age of guests: \_\_\_\_\_

Number of guests attending: \_\_\_\_\_

Adult supervisor present:  Yes  No

If Yes, number of adults supervising: \_\_\_\_\_

What is the occasion (birthday, after party etc): \_\_\_\_\_

Will the neighbours be notified:  Verbal  In writing  Not notified

Will there be alcohol:  Yes  No

Will BYO alcohol be allowed:  Yes  No

Is there a strategy to control excessive consumption of alcohol:  Yes  No

Do you have an Emergency Medical Plan:  Yes  No

Is it a licensed premises:  Yes  No

Will alcohol be consumed by, or served to a child under the age of 18 years:  Yes  No

If yes, have you obtained written/verbal permission from the parent/spouse or guardian to consume alcohol by a child under the age of 18 years:  Yes  No

**Note:** Section 119(3) of the Liquor Control Reform Act 1998 details offences of serving/providing alcohol to a child under 18 years without written or verbal permission from a parent, guardian or spouse (if the spouse is of or over the age of 18 years)

Has this party been advertised on the Internet or social networking sites:  Posted as Private Event  Posted as Public Event  Not Posted

The information contained in this Victoria Police PartySafe Registration Form will be kept in strict confidence and used only for the express purpose of the PartySafe Program.



Revised 12/13

VP Form 1016

### Party Location

Venue name (if applicable): \_\_\_\_\_

Street Address: \_\_\_\_\_

Suburb: \_\_\_\_\_

Postcode: \_\_\_\_\_

Melways or VicRoads reference: \_\_\_\_\_

Venue or type of premises:  Licensed Venue  Hall  Restaurant  
 Private House  Park  Other

### Contact Details

Host contact name: \_\_\_\_\_

Host contact number: \_\_\_\_\_

Host contact email: \_\_\_\_\_

Other contact during party: \_\_\_\_\_

Security company name (if applicable): \_\_\_\_\_


Security contact number (if applicable): \_\_\_\_\_

I do not want to be contacted by Victoria Police after this party, to participate in evaluation of the Victoria Police PartySafe Program

The information contained in this Victoria Police PartySafe Registration Form will be kept in strict confidence and used only for the express purpose of the PartySafe Program.



# Online registration:

 SEARCH

VICTORIA POLICE ...Delivering a Safer Victoria

MESSAGE FROM [Home > Partysafe Registratio...](#)

## Partysafe Registration Form

Release date: Tue 15 May 2012  
Last updated: Tue 15 May 2012

Compulsory fields are marked with an asterisk(\*)

### Party Details

Party start date\*   Hour\*  Minutes\*

Party end date\*   Hour\*  Minutes\*

Average age of guests\*

Number of guests attending\*

Parent/other adult supervisor present\*  Yes  No

If yes, number of adults supervising

What is the occasion

If birthday, Age of Birthday

Will the neighbours be notified  Verbal  In writing  Not notified

Will there be alcohol present\*  Yes  No

Will BYO alcohol be allowed  Yes  No

Is there a strategy to control excessive consumption of alcohol  Yes  No

Do you have an Emergency Medical Plan\*  Yes  No

Is it a licensed premises  Yes  No

<http://www.police.vic.gov.au> content id: 12260

Google: Victoria Police Party Safe Registration





# Party Host Checklist

## PARTY SAFE – Host Checklist

- P - Preparation and Planning**  
**A - Alternatives to alcohol**  
**R - Repercussions**  
**T - Transport to and FROM**  
**Y - YOUR party YOUR responsibility**

VICTORIA POLICE

Have I returned my party registration form to the local police?	Yes / No
Have I read through the information provided in the Party Safe bag?	Yes / No
Do I know how many guests will be attending?	Yes / No
Should I employ private security for the safety of my guests?	Yes / No
Am I permitting alcohol consumption?	Yes / No
Are the parents of the guests aware of this?	Yes / No
Do I have an adequate number of adult supervisors?	Yes / No
Are the supervisors planning to consume alcohol?	Yes / No
Are there any supervisors NOT consuming ANY alcohol?	Yes / No
Do the supervisors understand the law and use of force?	Yes / No
Do supervisors know what to do if the party starts getting out of control?	Yes / No
Have steps been taken to AVOID gate crashers?	Yes / No
Are plans in place to DEAL WITH any gate crashers or uninvited guests?	Yes / No
Do I have a plan to deal with intoxicated guests?	Yes / No
Am I prepared if there is an outbreak of violence?	Yes / No
Am I aware of the EPA guidelines in relation to noise?	Yes / No
Do I understand the issues associated with sending SMS or email invitations to this party?	Yes / No
Does the party have a specific start and FINISH time?	Yes / No
Have I made transport arrangements for getting sober and/or intoxicated guests home?	Yes / No
Have I informed my neighbours?	Yes / No
Is someone first aid qualified?	Yes / No
Do I understand my duty of care regarding alcohol, minors and the law?	Yes / No
Do I have contact numbers / persons for all guests?	Yes / No
Have I considered providing SMALL plastic drinking cups for guests? This may assist in reducing the rate of alcohol consumption.	Yes / No
Am I providing sufficient non-alcoholic drinks?	Yes / No
Am I providing food, as an alternative to alcoholic drinks?	Yes / No
Do I have a plan to manage the guests when leaving and after the party?	Yes / No
Have I planned to clean up the street after the party?	Yes / No
Do I know the phone number for the local police station?	Yes / No
Do supervisors know to call 000 for urgent police attendance?	Yes / No

**Hosts are to remove, complete and keep this checklist to ensure all possible measures are put in place to make the event safe, fun and incident free.**

This list is not exhaustive and has been prepared as a guide to assist with the planning and hosting of a successful party or event. Supervision of a party requires commonsense on behalf of the host as well as comprehensive knowledge of the guests who will be attending.





# Handy tips

- Open Communication – between parent and young person. The use of “I” statements.
- Consider where and when these discussions happen, take opportunities to discuss when it comes up in the news, on TV shows, etc.
- Know the facts, stats and recommendations before having this conversation. It is important to be confident with your own family beliefs and stance on alcohol as well.
- Set rules/boundaries/consequences and be firm with these.





# Handy tips

- Look at your own behaviours in regard to alcohol consumption. Role Model the behaviour you expect from the young person. Set a positive example – every opportunity you can.
- Provide support to your children, offer them lifts to and from parties, make sure they have phone credit or money for a cab, know who they are with, set boundaries.
- Delay the age of initial drinking.
- Encourage positive adult relationships.
- Ask questions, listen and learn about your child's view on alcohol consumption and partying. Plan for and discuss potential incidents with Young people before they happen.





# For more information and support

- Taskforce Community Agency  
421-423 South Rd, Bentleigh  
T: 9532 0811  
[Taskforce.org.au](http://Taskforce.org.au)
- Directline – Free & confidential alcohol & drug counselling and referral service in Victoria  
T: 1800 888 236
- Family Drug Helpline – Statewide 24 hour helpline  
T: 1300 660 068
- Youth Drugs and Alcohol Advice – online resource with information for parents & carers  
[www.yodaa.org.au](http://www.yodaa.org.au)
- Australian Drug Foundation – online resource  
[Adf.org.au](http://Adf.org.au)





**Questions?**

