



**St Leonard's College**

# Teenagers and Drinking

## Safe Socialising

### May 2017

# This evening's program

Deborah Trengove, Director of Pastoral Care

Danny Alcock and Kelly Hodgson, Taskforce

Chris Dawson and Sofia Alexiou, Victoria Police

John Moore, Head of Senior School

Discussion and Questions

The background of the slide is a colorful stained glass pattern. It features various geometric shapes, floral motifs, and heraldic elements in shades of blue, gold, red, and green. A solid blue horizontal banner is positioned across the upper middle of the image, containing the title text.

# General Risks

**Relationships**

**Decisions**

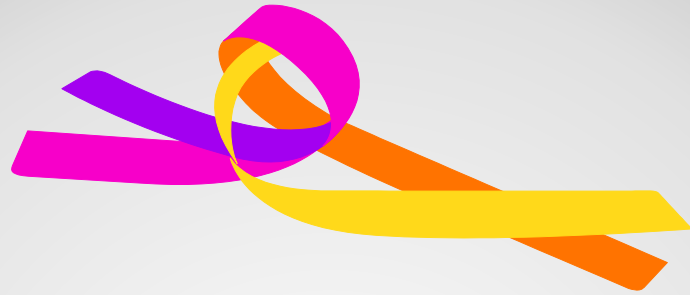
**Reputation**

**Safety**



# Recent Trends

- Pre-Drinking
- Vodka and spirits
- Someone's going to get wasted
- Culture of drinking



# AOD Education for Parents

Kylie Hodgson & Danny Alcock

# The Teenage Brain

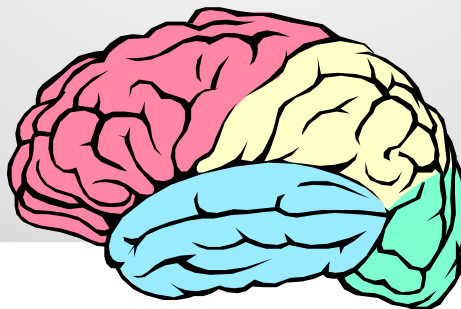
Developing from the back to the front

Not fully developed until around 27 for males and 25 for females

The last part of the brain to develop is the Prefrontal Cortex

Provides the ability to plan, reason, adjust behaviour and concentrate

Consequential thinking – May understand consequences but suffer from a condition known as “Care Factor” or “Won’t Happen To Me”.





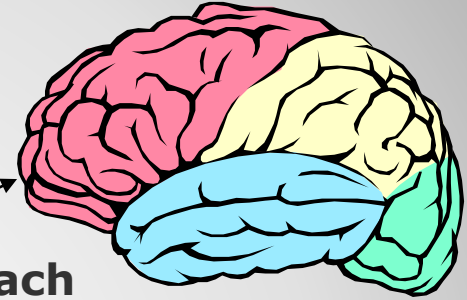
# Long-term Physical effects of alcohol

## Brain

- Areas undergoing dramatic changes throughout adolescence are those of the **hippocampus** and **frontal lobe**. These parts of the brain are associated with motivation, impulse control and addiction. Malnutrition of the brain during adolescence explains why teenagers are vulnerable to damage from heavy exposure to alcohol.
- Prefrontal cortex**  
Provides ability to plan, reason, concentrate, and adjust behavior
- Lead to a higher likelihood of addictive and impulsive behaviors later in life.
- Brain injury/damage
- Loss of memory
- Confusion
- Hallucinations
- Impairment of memory and learning

## Skin

- Flushing
- Sweating
- Bruising
- Acne



## Stomach

- Inflamed lining
- Bleeding
- Ulcers

## Heart

- High blood pressure
- Irregular pulse
- Enlarged heart

## Liver

## Sexual Organs

## Weight gain

# The affects of Alcohol on the Teenage Brain

- Adolescents seem to be less sensitive to the coordination problems and sedative effects of alcohol, which means that they are able to stay awake and drink for longer than adults.
- Adolescents appear to be more sensitive to the learning and memory problems that can be caused by alcohol. They are more likely than adults to suffer from lack of judgement and memory loss.
- Adolescents need only drink half as much alcohol as adults to suffer the same effects.



# What is Binge drinking?

Dictionary defines Binge Drinking as

*"The consumption of an excessive amount of alcohol in a short period of time."*

The NHMRC Australian Guidelines to Reduce Health Risks from Drinking Alcohol

## **Guideline 1: Reducing the risk of alcohol-related harm over a lifetime**

The lifetime risk of harm from drinking alcohol increases with the amount consumed.

***For healthy men and women, drinking no more than two standard drinks on any day reduces the lifetime risk of harm from alcohol-related disease or injury.***

## **Guideline 3: Children and young people under 18 years of age**

For children and young people under 18 years of age, not drinking alcohol is the safest option.

A. Parents and carers should be advised that children under 15 years of age are at the greatest risk of harm from drinking and that for this age group, not drinking alcohol is especially important.

***B. For young people aged 15–17 years, the safest option is to delay the initiation of drinking for as long as possible.***

*A dangerous amount of alcohol is any amount that causes someone to lose control and potentially put themselves or others at risk*

# What the stats say about alcohol consumption:

- A higher proportion of 12-17 year olds abstained from alcohol (61.6%) than had consumed it in the last 12 months (38.4%)
- In 2010, 1 in 5 people aged 14 years or older consumed alcohol at a level that put them at risk of harm from alcohol-related disease or injury over their lifetime.
- About 2 in 5 (39.7%) people aged 14 years or older drank, at least once in the last 12 months, in a pattern that placed them at risk of an alcohol-related injury from a single drinking occasion

# Advice for Parents

- Open Communication – between parent and young person. The use of “I” statements instead of pointing out or discussing the negative behaviours.
- Consider where and when these discussions happen too
- Know the facts, stats, recommendations before having this conversation, it is important to be confident with your own beliefs and stance on alcohol as well.
- Look at your own behaviours in regard to alcohol consumption. Role Model the behaviour you expect from the young person. Set a positive example – every opportunity you can.
- Provide support to your children, offer them lifts to and from parties, make sure they have phone credit or money for a cab, know who they are with, set boundaries.
- Set rules/boundaries/consequences and be firm with these.
- Delay the age of initial drinking
- Encourage positive adult relationships
- Ask questions, listen and learn about your child's view on alcohol consumption and partying. Plan for and discuss potential incidents with Young people before they happen.

# Boy, 15, dies after sculling home-made brew

- **A 15-year-old boy has died after reportedly being "egged on" by partygoers to scull two bottles of home-made brew.**
- Daryl Horner from South Australia was at an unsupervised party of about 60 teenagers on Saturday night when he passed out, *The Daily Telegraph* reports.
- Daryl had been drinking at the Peterborough party when he "got into some home-brew ouzo", the newspaper said, quoting the boy's 17-year-old friend Jessica Beveridge.
- "He sculled the first bottle and then some people were egging him on to scull the next one," Jessica said.
- "He did and within 20 minutes he'd passed out."
- Friends put Daryl into a car and then drove him to Jessica's parents' house.
- An ambulance was called and Daryl was taken to hospital where he died.
- Police are now examining samples of the ouzo to determine what was in it.

# For more information and support:

- Taskforce Community Agency  
421-423 South Rd, Bentleigh  
T: 9532 0811  
[Taskforce.org.au](http://Taskforce.org.au)
- Directline – Free & confidential alcohol & drug counselling and referral service in Victoria  
T: 1800 888 236
- Family Drug Helpline – Statewide 24 hour helpline  
T: 1300 660 068
- Youth Drugs and Alcohol Advice – online resource with information for parents & carers  
[www.yodaa.org.au](http://www.yodaa.org.au)
- Australian Drug Foundation – online resource  
[Adf.org.au](http://Adf.org.au)



# Teenagers, Drinking & Party Safe

## *Parent Presentation*



VICTORIA POLICE

St Leonards College, Brighton East.  
Tuesday 30<sup>th</sup> May 2017.

Leading Senior Constables

Chris Dawson & Sofia Alexiou

*Youth Resource Officers, Moorabbin Police Station*





# Oh, to be young again.....!



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**Teenagers see drinking alcohol as a “Right of Passage”...**

**...Part of growing up and becoming an “Adult”....**

**... And the fact that it’s “illegal” makes it even more enticing!**

**- teens are all about risk-taking and  
exploring boundaries...**

- **We all did it, in our time.....**
- **And didn’t appreciate the health and safety risks.**
- **Now we look at it through older eyes.... And realise there are even MORE risks that when we did it...**
  - **Health risks, Gate crashers, illicit drugs, social media, gangs...**

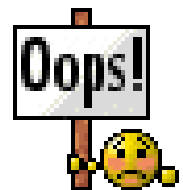


# Risks & dangers



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- ☐ Drunkenness / behaviour offences
- ☐ Gate crashing & parties out of control
  - ☐ Damage & Vandalism
  - ☐ Assaults
  - ☐ Sexual Assault
  - ☐ Robberies
- ☐ Safety
- ☐ Health
- ☐ Litigation
- ☐ Photos and Video - circulated



# Underage Drinking Laws



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## In Public:

- It is an offence for anyone under 18 years to possess, carry or consume alcohol in a public place. (street, park, shops, beach)

## Licensed Premises:

- It is an offence for anyone under 18 years to drink or receive alcohol on licensed premises (unless having a meal with their parents/legal guardians).

## Supply to a Minor:

- It is an offence for anyone to supply alcohol to a person under 18 years (unless at private premises with parental permission).

## Private Premises:

- On private premises (or hired hall), minors can only drink alcohol if they supply a written note from parents to the host - fine: \$7000 ea!

# Expensive Night Out?????

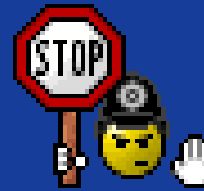


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- Underage person purchase/receive liquor \$78
- Underage person possess/consume liquor \$78
- Underage person on licensed premises \$78
- Underage person falsely represent to be over 18 \$78
- Deface/interfere with evidence of age document \$311
- Make false evidence of age document or  
Give false evidence of age document to another \$311
- Refuse or False name or address or age \$233
- Drunk in a public place \$622
- **NOTE** – Higher at Public Transport locations!



# Consequences



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- Infringement notice (\$70 to \$600)
- Parents notified re collection of seized alcohol
- “Breach of Peace” Conveyed from location
- Child Cautioning Programme Parents/guardian MUST be present
- Formally interviewed and charged (parents present), then to Court
- Embarrassment
- Future job and travel prospects in jeopardy, if convicted....



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# Victoria – Liquor Control Reform Ammendment Bill 2011

Under the *Liquor Control Reform Act 1998* it will be an offence for a person to supply alcohol to a minor (a person under the age of 18 years) in a private home without parental consent.

Under the laws a person could face a fine of more than \$7000 for each minor !!.







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# Secondary Supply legislation

- New law in Victoria re supply of alcohol to u/18 in a private home/residence:

Illegal to supply alcohol to a minor (u/18) in a private home without parental consent (verbal or written)

- Exempt:
  - a parent, guardian or spouse (18+) of the minor
  - someone authorised (verbal or written) by a parent, guardian or spouse (18+) of the minor i.e., parental consent

*Onus is on person who provides the alcohol . . .*



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# Secondary Supply legislation will:

- Ensure that parents have greater control over the drinking of their children;
- Provide greater education in the community about the dangers inherent in allowing children and minors to drink;
- Encourage adults to avoid supplying alcohol to children and minors;
- Reduce the prevalence and incidence of underage drinking and the risk of harm; and
- Provide a community standard regarding underage drinking in the absence of a readily accepted social norm.

# Planning a “Safe Party”



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- *Remember the golden rule –*
- ***“PLAN BEFOREHAND”***
- How many people do you want coming?
- Think about the party size and venue. Is your home too small? Would a hall or function centre be more appropriate and a more controlled environment?
- Have you spoken to the neighbours?
- What about invitations / RSVP?

(avoid SMS/Text/FaceBook and “Public websites”)



# Safe Party



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- **How many entry / exit points are there and how will you control them?**
- **What about adult supervision / security? Who will you use? How many? Will you use other parents or paid security?**
- **What about parking and nearby public amenity?**
- **Where will people put their valuables when they arrive and during the party? Are any rooms off limits?**
- **Fire and first aid. Have you planned what you are going to do if someone becomes sick or drunk?**
- **Food and non alcoholic drinks?**



# Safe Party



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- How will people get there and get home?
- Are there sufficient toilets, bins and clean up equipment?
- What will happen if gate-crashers arrive? ( **Call 000** )
- How will you control Alcohol or Drugs?
- Have you **REGISTERED your party with local police?** Local police may be able to patrol the vicinity regularly and give priority to any call to attend.

# “Party Safe” initiative:



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- Police aim to patrol past your party when operational commitments allow.
- Police aim to encourage party organisers to take a more responsible attitude towards how a party is organised so that your night is not ruined by a small element of the community.
- **Forms available at the counter of local police stations and online: Google “Victoria Police Party Safe**
- Simple questions that will assist police and yourselves to have a safe night.
- Secondary Supply Laws – Specific written consent by parents
- What do you do if there is trouble? Call 000



# Hard copy at Station Counter:



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Revised 12/13



VP Form 1016

VICTORIA POLICE

## VICTORIA POLICE PARTYSAFE PROGRAM REGISTRATION FORM

*The following information will enable us to provide a more effective response, if required, and ensure a safer and more enjoyable night for everyone.*

**Please complete all sections and return this form to your local police station prior to the date of your party.**

### Party Details

Party date: \_\_\_\_\_

Start time: \_\_\_\_\_

Finish time: \_\_\_\_\_

Average age of guests: \_\_\_\_\_

Number of guests attending: \_\_\_\_\_

Adult supervisor present: ☐ Yes ☐ No

If Yes, number of adults supervising: \_\_\_\_\_

What is the occasion (birthday, after party etc): \_\_\_\_\_

Will the neighbours be notified: ☐ Verbal ☐ In writing ☐ Not notified

Will there be alcohol: ☐ Yes ☐ No

Will BYO alcohol be allowed: ☐ Yes ☐ No

Is there a strategy to control excessive consumption of alcohol: ☐ Yes ☐ No

Do you have an Emergency Medical Plan: ☐ Yes ☐ No

Is it a licensed premises: ☐ Yes ☐ No

Will alcohol be consumed by, or served to a child under the age of 18 years: ☐ Yes ☐ No

If yes, have you obtained written/verbal permission from the parent/spouse or guardian to consume alcohol by a child under the age of 18 years: ☐ Yes ☐ No

**Note:** Section 119(3) of the Liquor Control Reform Act 1998 details offences of serving/providing alcohol to a child under 18 years without written or verbal permission from a parent, guardian or spouse (if the spouse is of or over the age of 18 years)

Has this party been advertised on the Internet or social networking sites: ☐ Posted as Private Event ☐ Posted as Public Event ☐ Not Posted

The information contained in this Victoria Police PartySafe Registration Form will be kept in strict confidence and used only for the express purpose of the PartySafe Program.

Revised 12/13

VP Form 1016

### Party Location

Venue name (if applicable): \_\_\_\_\_

Street Address: \_\_\_\_\_

Suburb: \_\_\_\_\_

Postcode: \_\_\_\_\_

Melways or VicRoads reference: \_\_\_\_\_

Venue or type of premises: ☐ Licensed Venue ☐ Hall ☐ Restaurant  
☐ Private House ☐ Park ☐ Other

### Contact Details

Host contact name: \_\_\_\_\_

Host contact number: \_\_\_\_\_

Host contact email: \_\_\_\_\_

Other contact during party: \_\_\_\_\_

Security company name (if applicable): \_\_\_\_\_

Security contact number (if applicable): \_\_\_\_\_

☐ I do not want to be contacted by Victoria Police after this party, to participate in evaluation of the Victoria Police PartySafe Program

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# Online Registration:



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SEARCH

...Delivering a Safer Victoria

MESSAGE FROM

The Chief Commissioner

- About Victoria Police
- Our Services
- Crime Prevention & Community Safety
- Work With Us
- Initiatives and Programs
- Advice
- Media Centre
- Your Local Police
- KIDS' Site
- Our Partners
- Working With Community
- State Security and Terrorism
- Public Notices
- Compliments and Complaints
- Contact Us

[Home](#) > [Partysafe Registration...](#)

## Partysafe Registration Form

Release date: Tue 15 May 2012

Last updated: Tue 15 May 2012

Compulsory fields are marked with an asterisk(\*)

### Party Details

|   |  |                      |       |                      |          |                      |
|---|--|----------------------|-------|----------------------|----------|----------------------|
| Party start date*   | <input type="text"/>   | <input type="text"/> | Hour* | <input type="text"/> | Minutes* | <input type="text"/> |
| Party end date*   | <input type="text"/>   | <input type="text"/> | Hour* | <input type="text"/> | Minutes* | <input type="text"/> |
| Average age of guests*  | <input type="text"/>   |                      |       |                      |          |                      |
| Number of guests attending*                                     | <input type="text" value="0-25"/>  |                      |       |                      |          |                      |
| Parent/other adult supervisor present*                          | <input type="radio"/> Yes <input type="radio"/> No   |                      |       |                      |          |                      |
| If yes, number of adults supervising                            | <input type="text"/>   |                      |       |                      |          |                      |
| What is the occasion  | <input type="text" value="Birthday"/>  |                      |       |                      |          |                      |
| If birthday, Age of Birthday                                    | <input type="text"/>   |                      |       |                      |          |                      |
| Will the neighbours be notified                                 | <input type="radio"/> Verbal <input type="radio"/> In writing <input type="radio"/> Not notified |                      |       |                      |          |                      |
| Will there be alcohol present*                                  | <input type="radio"/> Yes <input type="radio"/> No   |                      |       |                      |          |                      |
| Will BYO alcohol be allowed                                     | <input type="radio"/> Yes <input type="radio"/> No   |                      |       |                      |          |                      |
| Is there a strategy to control excessive consumption of alcohol | <input type="radio"/> Yes <input type="radio"/> No   |                      |       |                      |          |                      |
| Do you have an Emergency Medical Plan*                          | <input type="radio"/> Yes <input type="radio"/> No   |                      |       |                      |          |                      |
| Is it a licensed premises                                       | <input type="radio"/> Yes <input type="radio"/> No   |                      |       |                      |          |                      |

<http://www.police.vic.gov.au>

# What if..... (keeping your house)



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## Advice from a leading QC regarding Civil Suits:

**“.... A minor at a party in a private home/hired hall with the knowledge of the parent(s) of the host, who turn a blind eye to drug/alcohol use or do nothing reasonable to supervise, and the minor suffers injury resulting in loss or damage a court may find against those host parent(s).....”**

- So, beware and **supervise properly**, if you are Hosting !!



# Parents must talk to other parents.



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- **Be a force to be reckoned with, instead of feeling disempowered.**
- **Do you know the parents of your children's friends?**
- **Do you have a "Guest List" (with contacts)**
- **If not, WHY NOT?**
- **Keep your teens accountable and adequately supervised.**
- **Be an involved parent and focus on a loving, trusting, respectful relationship with your teen.**
- **Never allow a party in your home without you there - it is YOUR home!**

# Handouts:



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Revised 12/13

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Is there a strategy to control excessive consumption of alcohol: ☐ Yes ☐ No

Do you have an Emergency Medical Plan: ☐ Yes ☐ No

Is it a licensed premises: ☐ Yes ☐ No

Will alcohol be consumed by, or served to a child under the age of 18 years: ☐ Yes ☐ No

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Note: Section 119(3) of the Liquor Control Reform Act 1998 details offences of serving/providing alcohol to a child under 18 years without written or verbal permission from a parent, guardian or spouse (if the spouse is of or over the age of 18 years).

Has this party been advertised on the Internet or social networking sites: ☐ Posted as Private Event ☐ Posted as Public Event ☐ Not Posted

The information contained in this Victoria Police PartySafe Registration Form will be kept in strict confidence and used only for the express purpose of the PartySafe Program.

**PARTY SAFE – Host Checklist**

**P - Preparation and Planning**  
**A - Alternatives to alcohol**  
**R - Repercussions**  
**T - Transport to and FROM**  
**V - YOUR party YOUR responsibility**

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|  |          |
|--|----------|
| Have I returned my party registration form to the local police?  | Yes / No |
| Have I read through the information provided in the Party Safe bag?  | Yes / No |
| Do I know how many guests will be attending?   | Yes / No |
| Should I employ private security for the safety of my guests?  | Yes / No |
| Am I permitting alcohol consumption?   | Yes / No |
| Are the parents of the guests aware of this?   | Yes / No |
| Do I have an adequate number of adult supervisors?   | Yes / No |
| Are the supervisors planning to consume alcohol?   | Yes / No |
| Are there any supervisors NOT consuming ANY alcohol?   | Yes / No |
| Do the supervisors understand the law and use of force?  | Yes / No |
| Do supervisors know what to do if the party starts getting out of control?   | Yes / No |
| Have steps been taken to AVOID gifts crashes?  | Yes / No |
| Are plans in place to DEAL WITH any gifts crashes or unwanted guests?  | Yes / No |
| Do I have a plan to deal with intoxicated guests?  | Yes / No |
| Am I prepared if there is an outbreak of violence?   | Yes / No |
| Am I aware of the EPA guidelines in relation to noise?   | Yes / No |
| Do I understand the issues associated with sending SMS or email invitations to this party?                                       | Yes / No |
| Does the party have a specific start and FINISH time?  | Yes / No |
| Have I made transport arrangements for getting sober and/or intoxicated guests home?   | Yes / No |
| Have I informed my neighbours?   | Yes / No |
| Is someone first aid qualified?  | Yes / No |
| Do I understand my duty of care regarding alcohol, minors and the law?   | Yes / No |
| Do I have contact numbers / persons for all guests?  | Yes / No |
| Have I considered providing SKALL plastic drinking caps for guests? This may assist in reducing the rate of alcohol consumption. | Yes / No |
| Am I providing sufficient non-alcoholic drinks?  | Yes / No |
| Am I providing food, as an alternative to alcoholic drinks?  | Yes / No |
| Do I have a plan to manage the guests when leaving and after the party?  | Yes / No |
| Have I planned to clean up the street after the party?   | Yes / No |
| Do I have the phone number for the local police station?   | Yes / No |
| Do supervisors know to call 000 for urgent police attendance?  | Yes / No |

**Hosts are to remove, complete and keep this checklist to ensure all possible measures are put in place to make the event safe, fun and incident free.**

This list is not exhaustive and has been prepared as a guide to assist with the planning and hosting of a successful party or event. Supervision of a party requires common sense on behalf of the host as well as comprehensive knowledge of the guests who will be attending.





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# Thank You !!

- Any questions ??

- **Chris Dawson and Sofia Alexiou**
- Youth Resource Officers
- Moorabbin Police Proactive Unit
- Ph: 9556 6313.

